



# Parish of Mullingar

## Cathedral of Christ the King, St Paul's, Walshestown, Brotenstown & Gainstown

### Priests of the Parish:

Fr. Padraig McMahan, Adm.  
Fr. Michael Kilmartin  
Fr. Paul Crosbie  
Fr. Joseph Naikarakudy

### Parish Office Hours

Monday-Friday: 9am-1pm; 2-5pm  
Tel: 044 - 9348338  
Email: cathedral@dioceseofmeath.ie

### Vigil Mass (Saturday)

Cathedral: 6pm

### Sunday Masses:

Cathedral: 8.30am, 11am, 12.30pm  
St. Paul's: 10.30am, 12noon  
Walshestown: 9am  
Brotenstown: 10am  
Gainstown: 11am

### Daily Masses

7.45am & 10am Cathedral  
9.15am St Paul's

### Confessions Cathedral

Saturday 2.30pm—3.30pm

### Eucharistic Adoration 8am-8pm

### Bereavement Support

087-6309808

### Collections last weekend

Cathedral: €3,531  
St Paul's: €1,171  
Walshstown: €230  
Brotenstown: €255  
Gainstown: €270  
Parish Envelopes: €2,288

Thank You!

**A**dvent begins today. The word Advent means 'coming' or 'arrival'. The focus of the next four weeks is the celebration of the birth of Jesus and the anticipation of Christ the King in the second Advent.

The Advent wreath has its origins in the folk traditions of northern Europe when people lit candles on a wheel to brighten the dark days of winter.

In the coming weeks the candles on the Advent Wreath will mark our progress towards the birthday of our Saviour. The candles remind us that Christ is the Light of the world and we should always welcome him into our lives.



### Five Advent Steps to Prepare....

**Daily Prayer.** ... you are encouraged to spend some time in prayer in our parish churches. At Mass listen attentively to the readings or reflect on them at [www.sacredspace.ie](http://www.sacredspace.ie) They remind us of the longing and hope for a Messiah.

Support a local **Charity** if you can.... Many groups are highlighting the work they do including the Saint Vincent de Paul and the Lions Club.

Put a **Crib** in a prominent place in your home.... The crib reminds us of the real reason for the forthcoming season.

**Go to Confession....** Jesus died for our sins- The Sacrament is available on Saturday afternoons in the Cathedral and on December 23/4

Attend the **Cathedral Carol Service...** This takes place on the Sunday evening before Christmas at 5.30pm. Carols help reflect the true meaning of the coming season.

The Sunday Intercessions response is 'Come, Lord Jesus'.

### Words to Ponder on Mental Health

Elma Walsh, mother of the late Kerry teenager Donal, spoke at our recent November mass and again on Friday morning to the teenagers of our parish who gathered in the Cathedral. Her words are relevant to all of us. Elma spoke of the need for everyone to look after their mental health. An anagram SOS stands for three everyday things we should all do. **S -Sleep:** We should all get plenty of sleep every day. **O- Outdoor Pursuit:** We should do some exercise or outdoor activity. **S- Spirituality:** We should all take some time to pray and reflect. Many churches are empty most of the day and there an excellent place to spend 5 minutes. On being asked about why Donal had such faith and went to mass on a Sunday. She says if a parent takes a child to a bookies once a week they learn to place a bet. If a parent takes a child to Mass the child learns to pray.



A DVD on the Cathedral Jubilee featuring the wonderful events of September 7 is now on sale in the Cathedral Shop. It is a lovely keepsake or gift from Mullingar. It shows the gathered assembly at mass with Bishop Smith and Cardinal

Dolan and the fun and banter at the Mary street party. It also has many photographs detailing the building of the Cathedral and its opening in 1939. 180 minutes in length it costs €15. Coloured Christmas Cards to mark the Jubilee Year are also on sale for 75cent each.

### We welcome the children baptised on Sunday:

Arthur Gavin, Glascorn; Aoife Cleary-McKenna, Greenpark Meadows; Jay Timlin, Glascorn; Hugo Sleator, Curraghmore; Jane Lambden, Curraghmore; Ronan Enright, Rathcolman; Kate McCarthy, Pettitswood.



## Noticeboard

**Family & Life**, talk by the Iona Institute on 'The meaning of marriage and the rights of children,' Wednesday, 7.30pm, Greville Arms Hotel.

**St Joseph's Young Priests Society**, meeting, Monday 7.30pm, Bethany.

**Charismatic Prayer Group**, Mondays, Bethany, 8pm.

**Our Lady Queen of Peace**, prayer group, Thurs, 7pm.

**Mullingar Lions Club**, Table Quiz, Wednesday, Mullingar Park Hotel, 8pm, all proceeds towards local families in need.

**The Cathedral Shop** is well stocked for Advent and Christmas. Goods on sale include wreaths and Calendars, Liturgical Diary, St Paul Missal, Catholic diaries, booklets for reflection, cards and cribs.

### December Diary - 25 days to Christmas

Many parishioners have asked for Fr Paul Connell's presentation on the history of our Cathedral to be repeated. This will happen on Saturday evening next (Dec 6) in the Cathedral directly after the 6pm vigil mass.

This first Sunday of Advent marks a new church year. Pope Francis has declared this year the Year of Consecrated Life. The Irish Church is marking the 1,400 anniversary of the death of St Columban- the fourth patron of Ireland. During this Year B in the liturgical calendar the gospel read on Sundays is that of Mark. Mark's gospel is the shortest of the 4 gospels.

December 6—St Nicholas—patron of Christmas  
8— Marion Feast of the Immaculate Conception  
12— Feast of St Finian—Diocesan Patron  
14— Choral Concert  
21— Parish Carol Service  
23/24 Confessions  
25 Christmas Day  
28 Feast of the Holy Family



### MASS INTENTIONS THIS WEEK

**Monday:** 7.45am: James & Marcella Dalton & deceased members of family. 10am: Peggy Devine. 9.15am: Michael, Mary & John Noone. **Tuesday:** 10am: Kitty & Fonsie Reid. **Wednesday:** 7.45am: Billy, Rosie & Philip Moffat. 10am: Tony Charles. 9.15am: Ben Lambden & John & Mary Currid **Thursday:** 7.45am: Tommy & Eileen McCormack & John Glackin. 10am: Rosemary Creevy. 9.15am: Patrick Gahan. **Friday:** 7.45am 10am: 9.15am List of the Dead. **Saturday:** 7.45am: Ann Kelly. 10am: Anniversaries Occurring Mass. Vigil 6pm: Peter Reilly, O'Growney Drive (M.M.) **Sunday** 8.30am: Eddie Byrne, Brewery Yard, Patrick Street (M.M.) 11am: Annie Duff, Friars Mill Court (M.M.) St Paul's 10.30am: Michael Myers, Ardleigh Crescent (1st Ann) Walshestown: 9am: Michael Glennon, Rathcolman (M.M.) Brotenstown: 10am: baby Ruairi Kenny. Gainstown: 11am: Mick, Frank & Kathleen Ryan.

**R.I.P: Sean (Sonny) Mullen**, Cathedral View  
**Michael Moore**, St Andrew's Tce & London

*This Friday and on the first Fridays throughout the year we pray for those on the parish List of the Dead. Thanks to all who made an offering during November in their memory.*